

Samatha & Vipassana Meditation Retreat With Venerable Sayalay Dipankara

From 9th - 17th June 2012

In Perth at Jhana Grove Retreat Centre



We are fortunate and privileged to have Sayalay Dipankara returning to Australia to conduct a 9 day residential meditation retreat at Jhana Grove Meditation Centre, Lot 1438, Kingsbury Drive, Serpentine 6125, Western Australia. Sayalay Dipankara is well known among the Buddhist communities worldwide as a Dhamma scholar and a meditation instructor of the highest order and tirelessly travels around the world teaching meditation as a gift of dhamma.

Sayalay Dipankara was born in 1964 in Myanmar. At a very young age she started the meditation practice and in her university days she was introduced to well known Abhidhamma teacher in Myanmar, Venerable Pa-Auk Sayadaw for close guidance in Samatha and Vipassana practice. She accomplished the practice within a very short period, under the guidance of her skilful teacher. In 1990, she was ordained as a Buddhist nun at Pa-Auk Tawya Monastery. Since then, she was trained to be a meditation teacher.

Sayalay Dipankara is experienced in teaching any of the 40 Kamatthana as mentioned in the Visuddhi Magga e.g. Anapanasati, Four Elements Meditation, Metta, Buddhanussati, Asubha, Marananussati and 8 Samapatti (1st to 8th Jhana), Kasina, etc and the Vipassana Meditation.

She is invited by various reputable Buddhist Centers in different countries to conduct courses and intensive meditation retreats. These countries include the United States, Canada, Taiwan, England, Singapore, Malaysia, Indonesia, Hong Kong, Sri Lanka, and Japan, among others.

Expression of interest is invited at this stage. Please register your interest with:

Rupika Abeyakoon - rupikap@hotmail.com or Ramani Gunsekera - ramanig@iinet.net.au

Please communicate by email preferably and will keep you informed in due course.