

DAILY SCHEDULE AT SANTI*

(*May be subject to change at any time)

Early Morning Meditation - Individual choice in Shrine room or Kuti

[6-6:30 am Breakfast preparation by designated person]

6:30 Offering of breakfast to Monastics

Thereafter breakfast for lay guests

7:15 Breakfast clean up (all to help)

7:45 Work meeting in Library (all to attend)

8:00 Morning duties for all...

11:00 Dana Offering of main meal to Monastics

Blessings in Meditation Hall (all to attend)

Thereafter meal for lay guests followed by clean-up (all to help)

1:00pm Onwards – Individual meditation/ practice time

6:00-7:00pm Beverages and evening allowables in Library (optional)

MEDITATION HALL – Always Open

Wednesday (Open to Public)

7pm-8:30pm Chanting and group meditation

Saturday (Open to Public)

7pm-8:30pm Dhamma talk and group meditation (sometimes guided)

Full Moon and New Moon Days (Uposatha)

8 Precepts for Lay guests

10 Precepts for Samaneris

Patimokkha for Bhikkhunis

Sometimes on these days there may also be group chanting and meditation in the evening (7pm)